

# **DOULA SERVICES DIRECTORY & RESOURCE LIST**

# NATIONAL

## **BEST Doula Training**

BEST Doula Training provides training and certification to equip doulas to be the best they can be so that families can have the best birth they can have. They focus on teaching business skills, strong ethics, sustainability, and the art of working together. BEST was created by Maria Pokluda and Amanda Devereux. They are both successful doulas who saw a need to promote the professionalism of doulas and to equip them to use modern business tools.

Click *here* to access this company's directory.

## **Birthing Advocacy Doula Trainings**

Birthing Advocacy Doula Trainings is a black-owned, queer-run doula training organization whose mission is to be socially conscious, culturally appropriate, diverse, and action-oriented. They train their students to serve clients using the best practices available while preparing them to be active partners in the movement to change birth and reproductive health culture locally, nationally, and globally.

Click <u>here</u> to access this organization's directory.

## **Black Doula Directory**

The Black Doula Directory is a collaboration between Sista Midwife Productions and Baby Dove. Sista Midwife Productions is a birth advocacy training and consulting agency providing education for communities, birth workers, and organizations that work with childbearing families. They provide lectures, consultations, and individual training to organizations, institutions, and governments, at the local, regional, and national levels. Baby Dove was created from the long, trusted heritage of Dove, with the goal to bring 60-year superior care credentials to the most delicate skin: baby skin. Baby Dove believes that black moms have the right to superior care at every step of their journey.

Click <u>here</u> to access this collaborative's directory.

## **Black Women Birthing Justice**

Black Women Birthing Justice is a grassroots collective out of Oakland, CA. They identify as black women and individuals across the African diaspora and are committed to transforming birthing experiences for black women and birthing people. They aim to educate and inform, to document and share black birth stories, to raise awareness, to influence healthcare policy, and to keep birth sacred.

Click here to access this collective's directory.

## **Childbirth and Postpartum Professional Association**

The Childbirth and Postpartum Professional Association is an international certification organization for doulas, childbirth educators, and lactation educators. Since 1998, they have certified thousands of perinatal professionals. As one of the first and most comprehensive perinatal organizations in the world, CAPPA is respected for its longevity and its commitment to excellence in both education and unsurpassed student and member support.

Click <u>here</u> to access this organization's directory.

#### **DONA International**

Created in 1992, DONA International is the world's first doula certifying organization. Since their inception, they have certified more than 14,000 doulas in more than 50 countries. Their mission is to promote high quality birth, postpartum, and community centered doula support by setting the standard for the doula profession through evidence-based training and certification for doulas of diverse backgrounds.

Click here to access this organization's directory.

#### DoulaMatch.net

DoulaMatch.net was developed to help expectant families quickly and efficiently find doulas who are available during their due dates. It's also a great place to get a baseline understanding of each doula's training, certification, and experience levels. This website was created by Kim James, a certified doula, doula trainer, and childbirth educator in Seattle, Washington and her husband Pat.

Click *here* to access this website.

#### **National Black Doulas Association**

The National Black Doula Association connects BIPOC birthing families with BIPOC doulas nationwide. NBDA's mission is to help fight the black maternal mortality and morbidity rate in the United States and beyond through their educational development programs. They have created a professional database of skilled, trained, and certified doulas ready to support and become a part of the overall birth team for BIPOC families.

Click <u>here</u> to access this organization's database.

#### International Childbirth Education Association (ICEA)

ICEA is a nonprofit organization that promotes family-centered maternity care by training childbirth educators and doulas worldwide. With a mission to empower professionals through education, ICEA strives to improve birth outcomes and enhance the birthing experience for families. They provide certifications and continuing education for those who work with pregnant individuals and their families.

Click *here* to access this website.

## STATE-BASED

#### Mary's Hands Network (MHN)

Mary's Hands Network is a volunteer-based doula training program that serves mothers in underserved communities across Louisiana. Our mission is to empower women, promote birth excellence, and bridge the health equity gap by providing compassionate, community-driven doula care. We focus on training volunteer doulas who offer culturally appropriate, inclusive care to support positive birth experiences.

Click <u>here</u> to access this website.